




الكلية الأسترالية في الكويت
Australian College of Kuwait


Active Learning Workshop

Teaching and Learning
Center

23rd Dec, 2020

Introduction

- Due to the COVID-19 pandemic, the education system has changed dramatically.
 - Distinctive rise in e-learning worldwide.
 - High growth and adaptation of technology in education sector.
 - Successful transition among universities.
 - New learning strategies must be adopted to successfully cope with the new teaching system.
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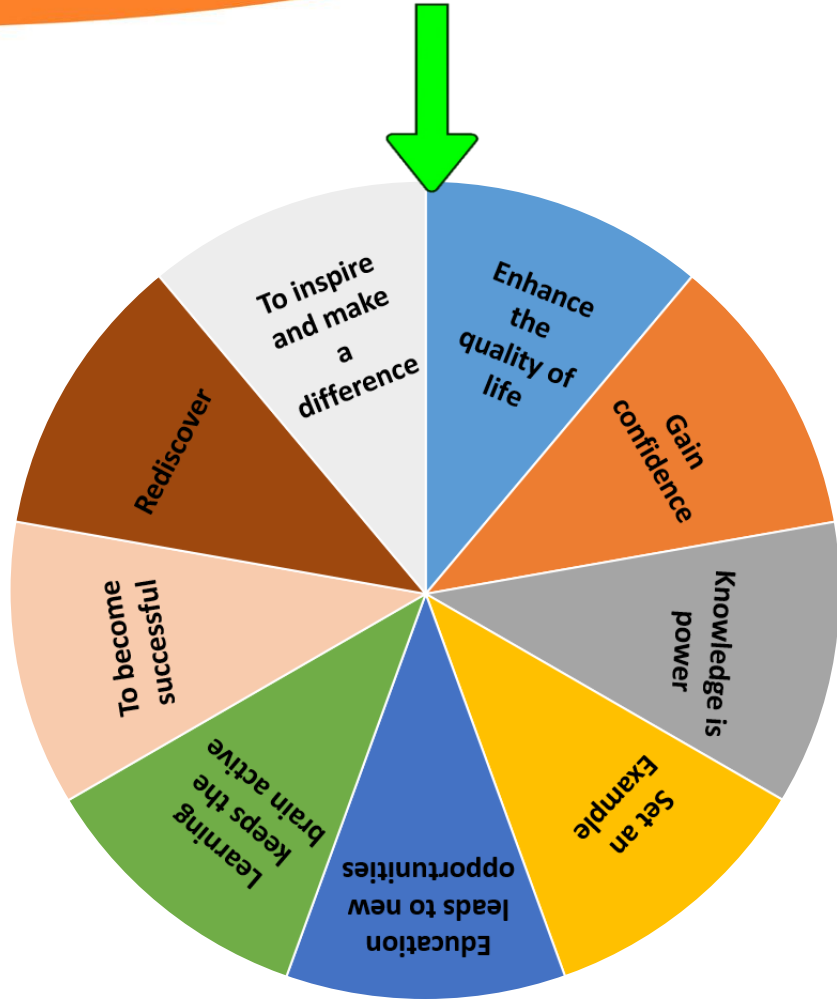
“Anyone who has never made a
mistake has never tried anything
new.”

Albert Einstein

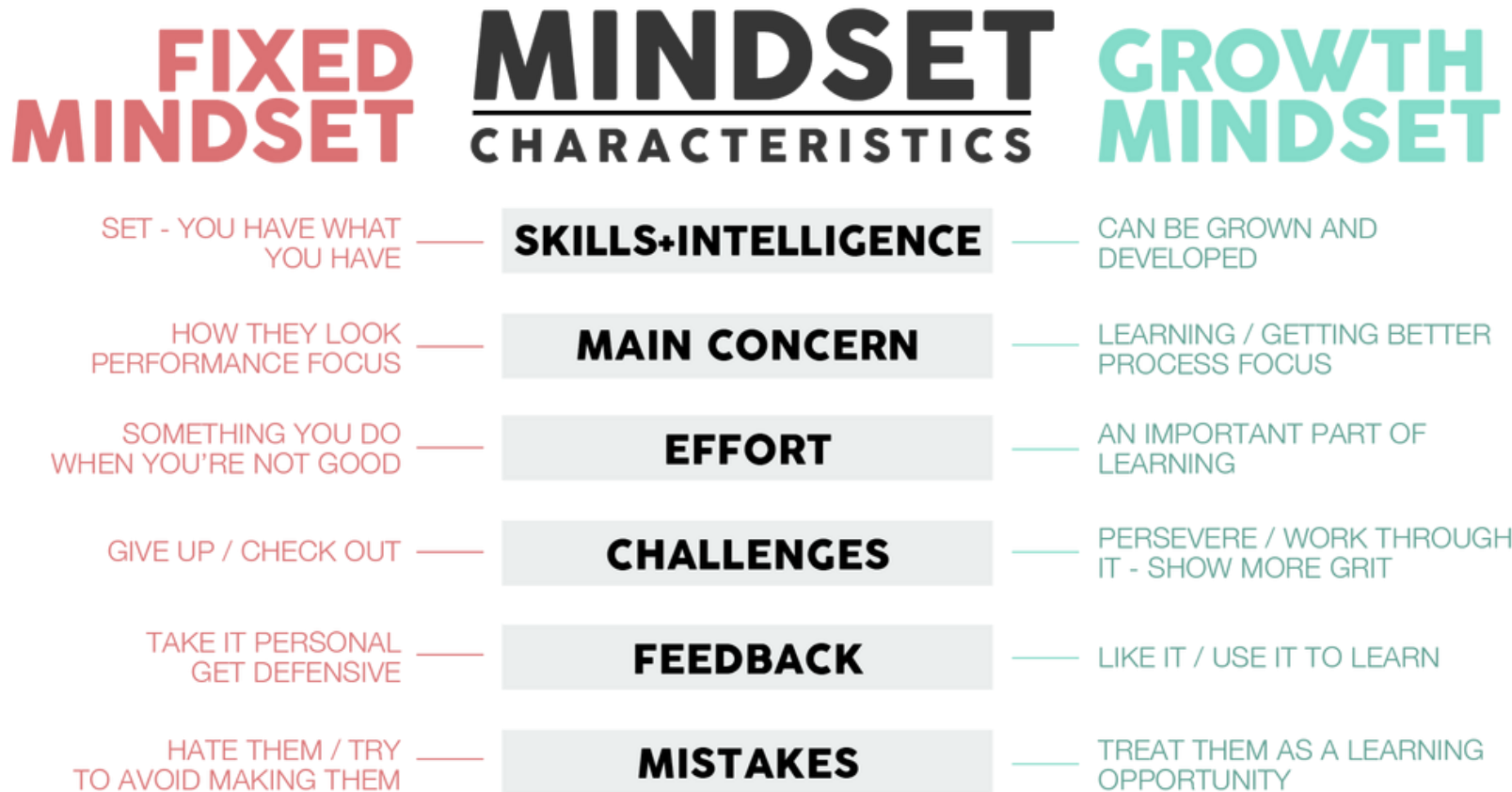




Why do we learn?



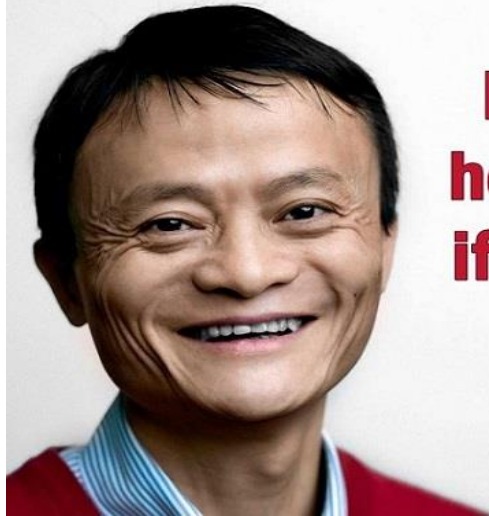
Developing the Mindset of Students



WWW.TRAINUGLY.COM

Developing the Mindset of Students

- Brainology is a curriculum developed by Stanford Psychology Professor Carol Dweck who popularized the concept of academic mindsets.
- Dweck's research shows that students can turn fixed mindsets—the belief that intelligence is finite—into growth mindsets—the conviction that the harder they work, the more their intelligence will grow.



**If you've never tried,
how will you ever know
if there's any chance?**


Jack MA

- Rejected from 30 jobs including KFC.
- Rejected from Harvard 10 times.
- Failed School and College Exams.
- Current Net Worth: \$38.1 Billion.

How to Learn Faster

<https://www.youtube.com/watch?v=6QUjy0B3lEw>

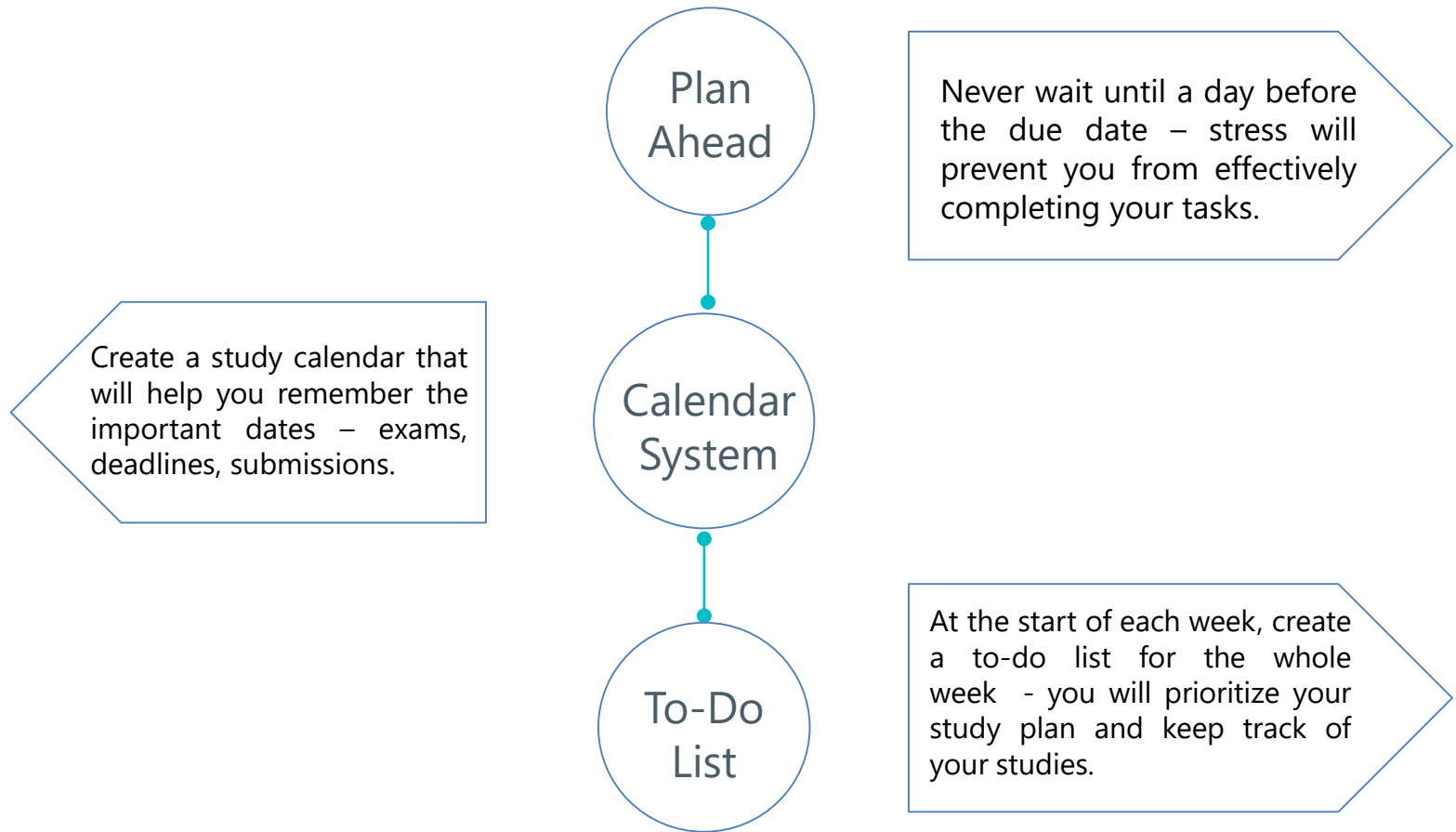
Understand Online Learning

- Online learning is not an easier way to learn, but a more convenient one.
 - Dedicate significant amount of time.
 - Fully commit and participate in online classes.
 - Work with others effectively.
 - Be self-disciplined.
 - Identify your learning objectives and goals.
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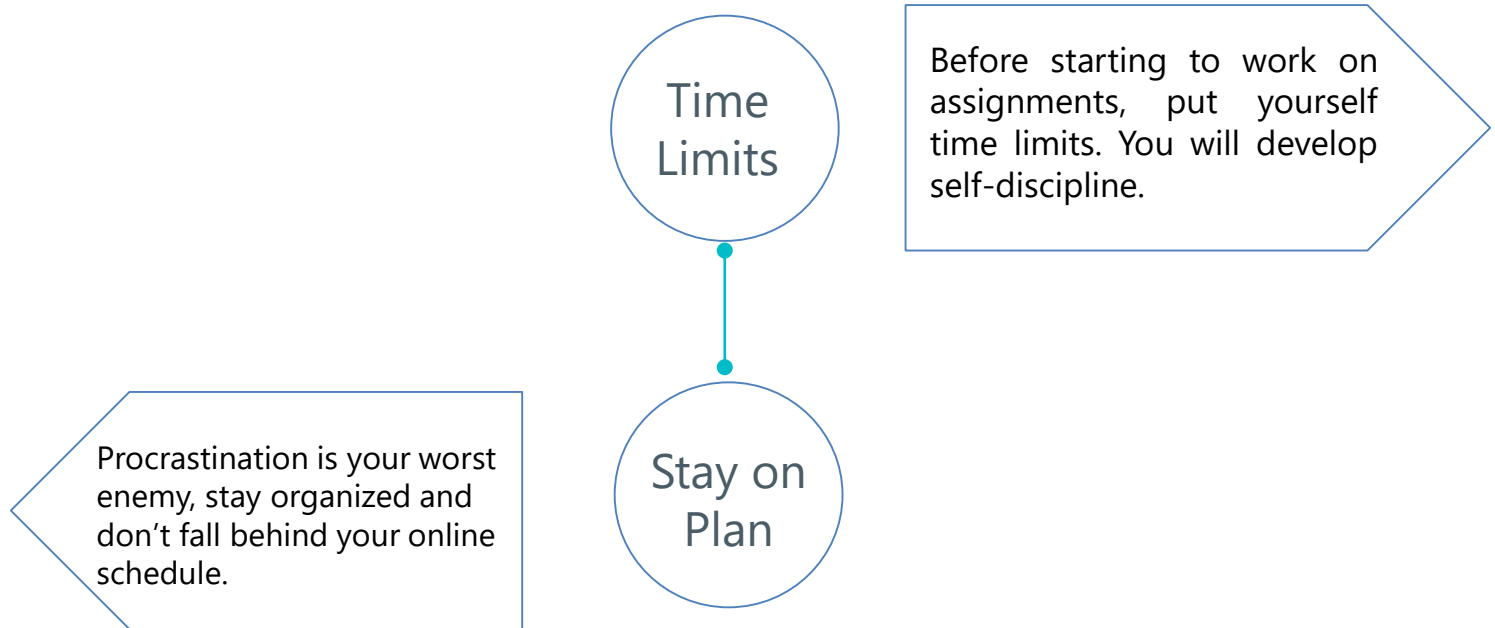
Technology

- Technology glitches all the time.
- To avoid losing your work:
 - Repeatedly save your work.
 - Backup regularly using cloud systems (iCloud, OneDrive, Dropbox)
 - This will enable you to access your documents anywhere, anytime.

Build a Plan



Build a Plan



Time
Limits

Before starting to work on assignments, put yourself time limits. You will develop self-discipline.

Stay on
Plan


Procrastination is your worst enemy, stay organized and don't fall behind your online schedule.

Participation

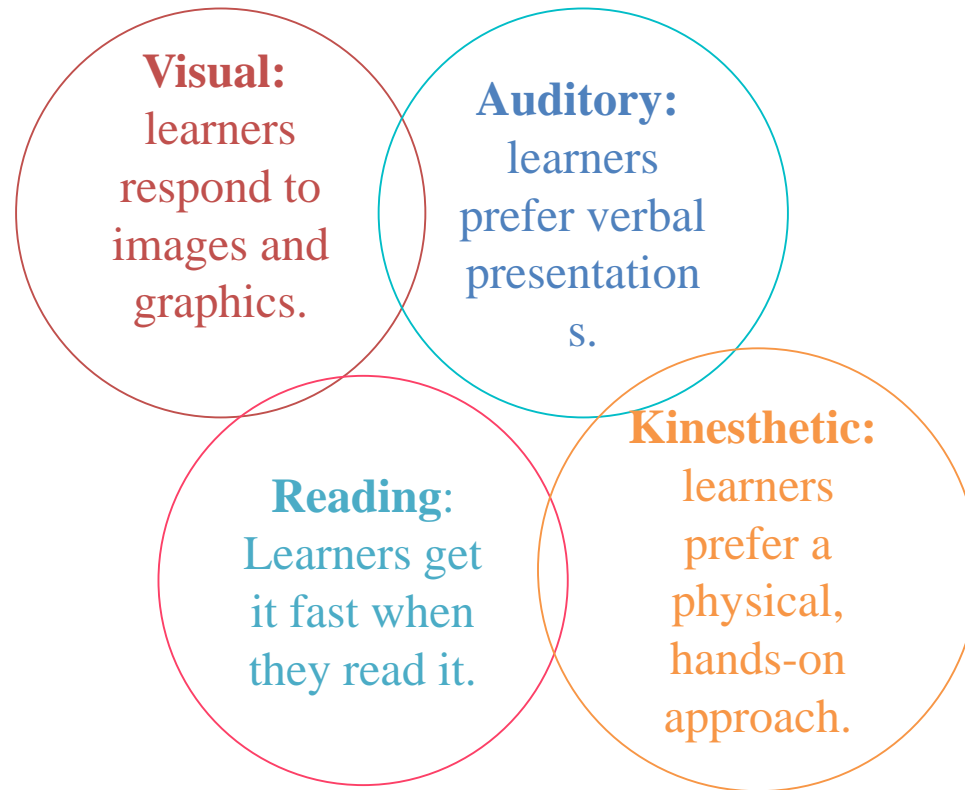
- Online learning is not learning in isolation.
- Connect with your classmates.
- Participate in online discussions, group activities, offer your input with the e-learning experience and engage in new ideas.

Always be respectful when you disagree with others and be mindful of your online tone.

Chunking

- Divide large amount of information into small units.
 - “Work on one class, figure out a task and then reward yourself at the end,” Dr. Hatten.
 - Get some coffee, get a snack, go for a run or just get away for half an hour. Then come back and do the next chunk.
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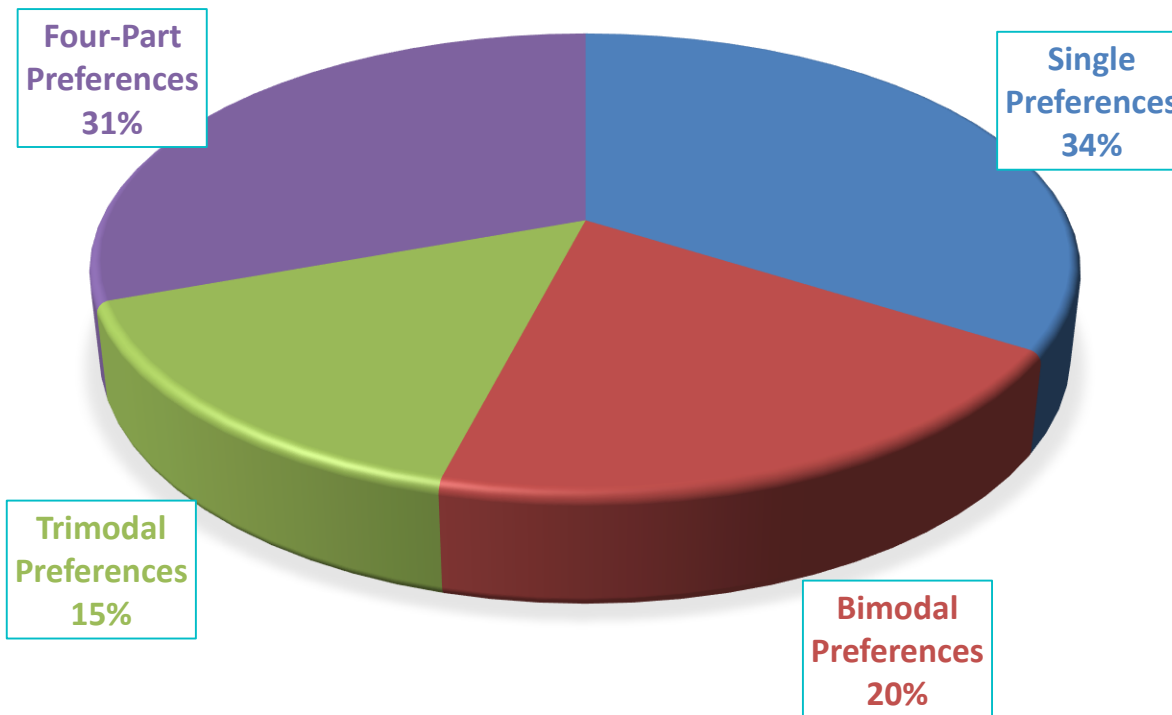
Learning Styles (VARK)



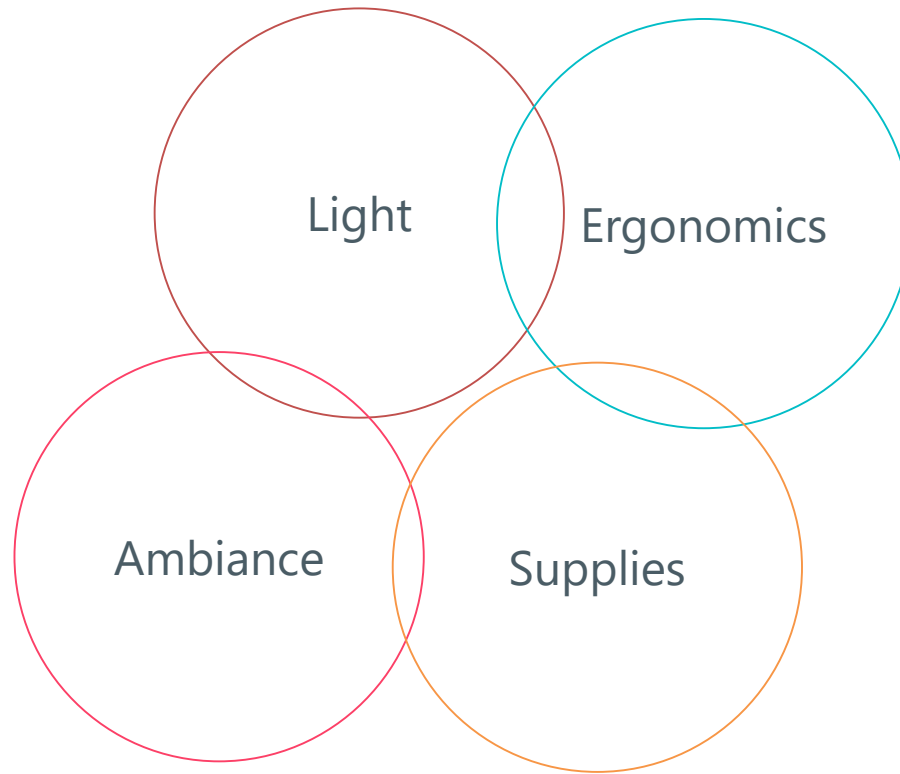
Questionnaire: <https://vark-learn.com/the-vark-questionnaire/?p=questionnaire>

Distribution of Learning Preferences

Distribution of Learning Preferences



Study Place



Study Place

Light:

- Dark room can become claustrophobic and depressing. It also leads to eye strain and fatigue.
- Create a study space with more lights (desk lamps with rotating heads).

Ergonomics:

- Adjust your chair and workspace set up according to Ergonomic standards.

Study Place


Ambiance:

- Some people can work in crowded places, some need absolute silence and some can study better with a music or television in the background.


Supplies:

- Before you sit down for your class or studies, get everything you think you might need (cup of coffee, bottle of water, snacks, pen, notebook, etc.)

Avoid Distractions

- Switch off your notifications on your phone and social media apps (do not disturb mode).
 - If you don't need your phone, keep it away from you (further than an arm's reach).
 - Block distracting websites and blogs on your laptop while studying (you can unblock them once you are done with studies).
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Review

- Create your own flash cards for the key notes and quiz yourself.
 - Have study partners – group work will give different perspective of difficult concepts.
 - Share your study notes and study habits with your classmates and support each other.
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STAY MOTIVATED


Stay Motivated

- Create your study routine at your own comfortable pace.
 - Have inspirational quotes and pictures.
 - Remember your goal.
 - Accept that you have productive and less productive days.
 - Reward yourself.
 - Dedicate time for yourself.
 - Stay positive.
- 




Extra-Curriculum Activities

Don't Forget

- Go beyond your classroom experience.
 - Be active.
 - Participate in competitions.
 - Register in student clubs.
 - Discover your talents and utilize them.
 - Use every opportunity.
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Conclusion

- Choose your study goal.
 - Dedicate a proper place for studying.
 - Ensure devices are well-charged.
 - Attend and participate (commitment) .
 - Have a study plan.
 - Reward yourself.
 - Eat healthy food.
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Let's Play

Kahoot!

Contact Info

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References

- Pappas, C. (2020, April 22). Getting The Most Out Of Your eLearning Course: 10 Study Tips For Online Learners. Retrieved December 06, 2020, from <https://elearningindustry.com/10-study-tips-for-online-learners-getting-the-most-out-of-your-elearning-course>
- (n.d.). Retrieved December 06, 2020, from <https://www.ecpi.edu/blog/successful-online-learning-strategies>
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Any Questions?
Thank You

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